

## Physical Activity Among Older Students, by County and Public Health District, Maine, 2011

	High School			Middle School		
	weighted number	%	95% CI	weighted number	%	95% CI
<b>Total</b>	23,821	<b>43.5</b>	42.2 - 44.9	13,102	<b>50.7</b>	49.3 - 52.1
<b>County</b>						
Androscoggin	1,820	<b>41.2</b>	37.2 - 45.1	829	<b>43.1</b>	38.7 - 47.6
Aroostook	1,228	<b>41.3</b>	36.9 - 45.6	740	<b>52.1</b>	47.6 - 56.5
Cumberland	5,301	<b>45.8</b>	42.4 - 49.2	2,718	<b>51.8</b>	48.4 - 55.3
Franklin	583	<b>48.0</b>	46.3 - 49.8	^	^	^
Hancock	826	<b>45.6</b>	40.2 - 51.1	454	<b>50.0</b>	45.5 - 54.5
Kennebec	2,130	<b>44.2</b>	39.8 - 48.5	1,197	<b>49.8</b>	46.5 - 53.1
Knox	512	<b>40.0</b>	34.7 - 45.2	315	<b>53.0</b>	47.5 - 58.5
Lincoln	^	^	^	423	<b>58.0</b>	52.9 - 63.2
Oxford	1,124	<b>38.4</b>	30.1 - 46.7	777	<b>56.8</b>	54.8 - 58.8
Penobscot	2,812	<b>42.3</b>	38.7 - 45.8	1,434	<b>50.9</b>	47.2 - 54.6
Piscataquis	408	<b>49.0</b>	40.4 - 57.5	196	<b>52.2</b>	40.8 - 63.5
Sagadahoc	661	<b>42.3</b>	37.4 - 47.2	360	<b>50.8</b>	43.8 - 57.9
Somerset	1,148	<b>45.3</b>	42.5 - 48.1	657	<b>50.1</b>	45.6 - 54.6
Waldo	513	<b>43.8</b>	42.7 - 45.0	367	<b>53.1</b>	49.4 - 56.9
Washington	615	<b>47.4</b>	43.2 - 51.7	286	<b>50.0</b>	42.4 - 57.7
York	3,431	<b>41.7</b>	38.5 - 44.9	2,007	<b>48.0</b>	43.5 - 52.6
<b>Public Health District</b>						
Aroostook	1,228	<b>41.3</b>	36.9 - 45.6	740	<b>52.1</b>	47.6 - 56.5
Central Maine	3,289	<b>44.6</b>	41.8 - 47.5	1,852	<b>49.9</b>	47.2 - 52.6
Cumberland	5,301	<b>45.8</b>	42.4 - 49.2	2,718	<b>51.8</b>	48.4 - 55.3
Downeast	1,437	<b>46.3</b>	42.4 - 50.1	737	<b>49.9</b>	46.0 - 53.8
Mid Coast	2,320	<b>42.8</b>	40.4 - 45.2	1,456	<b>53.5</b>	50.1 - 56.8
Penquis	3,223	<b>43.0</b>	39.9 - 46.2	1,627	<b>51.0</b>	47.5 - 54.6
Western Maine	3,507	<b>41.0</b>	37.1 - 44.9	1,913	<b>49.4</b>	46.0 - 52.7
York	3,431	<b>41.7</b>	38.5 - 44.9	2,007	<b>48.0</b>	43.5 - 52.6

Data Source: Maine Integrated Youth Health Survey. Middle school includes 7th and 8th grades.

Based on student report of physical activity for a total of at least 60 minutes per day on at least 5 of the last 7 days (Includes any kind of physical activity that increased their heart rate and made them breathe hard some of the time)

All percentages are weighted to be more representative of the population of Maine students and to adjust for non-response.

95% CI = 95% Confidence Interval.

^ Results are not reported because weighted data are not available due to low response rates.

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